

Name: _____

Date: _____

SPIRITUAL GIFTS

HEART

ABILITIES

PERSONALITY

EXPERIENCES



acommunityofgrace.org

What's Your S.H.A.P.E.?

"Your hands shaped me and made me." (Job 10:8)

"For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do." (Ephesians 2:10)

Several years ago, Rick Warren of Saddleback Church in California developed the S.H.A.P.E. acronym, and it has become a widely used tool around the world to help Christians discover their unique "SHAPE for ministry." We've adapted this tool for use at Philpott Memorial Church.

The SHAPE questionnaire in your hands consists of a number of short answer questions. Please try to answer each question with your 'gut' response. In other words, try not to over-think. The more honest your answers, the more likely it is you can be deployed at PMC into ministry roles that will be the most effective and rewarding – whether they exist right now or not!

S – Spiritual Gifts

If you're a follower of Jesus, you've been given certain abilities, called "spiritual gifts" (Romans 12:3-8; 1 Corinthians 12:4-26). God has given these to you to help you build up the Church, and to bless others.

There are many useful tools designed to help you discover what your spiritual gifts are. In our experience, the best indicators of your spiritual giftedness are simple. If something is really a spiritual gift, then:

- (1) You will enjoy using this ability;
- (2) You will be effective in using this ability; and
- (3) Other people will confirm that God is using you in this way.

Please read the descriptions below, and circle the spiritual gift(s) you believe are active in you.

Spiritual Gift	Description
Administration	You effectively handle the systems and tasks required for things to work well.
Apostleship	You are recognized as a spiritual leader by a variety of Christians and Christian leaders.
Arts	You effectively create and use your art to help people reflect deeply on Christ.
Counselling	You serve others with comfort, admonition, and encouragement; they generally find help and healing through you.
Craftsmanship	You're a hands-on worker who likes to build, repair, or improve things for other people.
Deliverance	You're able to discern the presence of and intervene to free people from demonic oppression.
Discernment	You can generally tell whether a person's words or deeds are godly, human, or wicked.

Encouragement	People feel better after talking to you, and more motivated to tackle life's challenges
Evangelism	You communicate the Gospel to others in ways that deepen faith or stir it up for the first time.
Faith	You can confidently discern God's will for the future development of ministry.
Giving	You enjoy giving material resources cheerfully, generously, and strategically to others.
Healing	You're able to restore physical health to others without the aid of medical interventions.
Helps	You make yourself available for others, releasing them so they can focus on other tasks.
Hospitality	You warmly welcome guests into your home, offering food and lodging as needed.
Interpretation	You can express in plain words messages originally communicated in other languages, whether human or spiritual.
Knowledge	You like to learn and retain information and ideas that are important for others.
Leadership	Others trust and follow you; they accomplish more and become more mature when they do.
Mercy	You show love and compassion through practical, incarnational deeds to those in need.
Miracles	God sometimes performs powerful acts that defy a naturalistic explanation through you.
Missionary	You use your gifts naturally and comfortably while adapting to another culture.
Music	You play a musical instrument, sing, or compose music for God's glory the good of others.
Organization	You manage your time, gifts, and resources effectively so you'll get more done.
Prayer	Various kinds of prayer are important and natural for you; others are stimulated to pray by your example.
Prophecy	When you communicate to others about God, they often feel that it was as though He was speaking right to their heart through you.
Service	You step up to ensure that important, even if thankless, jobs get done.
Shepherding	You invest yourself personally in the well-being of others; you feel responsible for them.
Singleness	You can live quite happily, and serve God more effectively, without a spouse.
Suffering	When you suffer for your faith, you maintain a joyful, victorious spirit that encourages others.
Teaching	You can communicate truth about God in ways that help others learn and remember it.
Tongues	You sometimes find yourself able to communicate in a language you've never learned.
Voluntary Poverty	You deny yourself material comforts in order to be freer to bless and help others.
Wisdom	You can use the truth skilfully to respond well to specific situations.

I also believe I have the following spiritual gift(s) not included in the above list: _____

H – Heart

When we say we have “a heart” for something, that means it’s something we care deeply about, or feel burdened for. What causes energize you? Whatever needs or situations keep you awake at night – these are what you have a God-given *heart* for.

1. I wish that as Christians, we would focus more of our time on addressing problems like: _____

2. Several issues and people groups are listed below. Please circle any that concern or interest you personally – even if it doesn’t seem like the church is doing anything about them:

Abortion	Environment	Prison Ministry
Addiction Recovery	False Teaching	Prostitutes
Alcoholism	Family Values	Racism
Arts	Financial stewardship	Roman Catholics
At-Risk Children	Gender Equality	Refugees
Bereavement	Global Warming	Sanctity of Life
Bullying	Health / fitness	Sciences
Child poverty	HIV / AIDS	Seniors
Child Abuse	Homelessness	Sexual Purity
Child Hunger	Human Trafficking	Shut-Ins
Christian parenting	Illiteracy	Singles
Christian Education	Immigrants	Social Justice
Church Unity	Infant Mortality	Special Olympics
Community Issues	Legal issues	Spiritual Apathy
Compulsive Behaviours	LGBTQ Rights	Sports
Crisis Counselling	Literacy	Social Reform
Debt management	Marriage	Suicide
Depression	Mental Illness	Sweat Shop Labor
Disabilities	Minority Rights	Systemic injustice
Disaster Relief	Mothers / Single Moms	Third-World Debt
Divorce	Muslims	Unevangelized Peoples
Domestic Abuse	Persecuted Church	Widows / Widowers
Drug abuse / recovery	Politics / Political Reform	Women’s Rights
Educational Reform	Poverty	Youth

3. Other issues I have a heart for that aren’t listed above: _____

A – Abilities

1. My current vocation / role / calling is: _____.

2. A number of skills and abilities are listed below. Please circle any which you feel you have:

Accounting	Decorating	Interviewing	Resourcing
Adapting	Desktop Publishing	Landscaping	Sales
Administrating	Designing	Leading	Sciences
Advertising	Directing	Learning	Sculpting
Advocating	Drafting	Library Science	Secretarial
Analyzing	Driving (van / bus)	Lighting	Security
Architecture	Editing	Listening	Serving
Arts / Crafts	Encouraging	Machinery	Self-Discipline
Athletics/Sports	Engine repair	Maintenance/Repairs	Set-up/Tear-down
Audio/ Sound	Engineering	Management	Sewing / Knitting
Auto Repair	Entertaining	Mentoring	Sign Language
Biblical Studies	Entrepreneurship	Motivating	Social Media
Budgeting	Event Planning	Music: Instrumental	Software
Building	Facilities Mgmt	Music: Vocal	Spiritual Disciplines
Cake Decorating	Facilitating	Negotiating	Strategic Planning
Camping	Finance	Operating	Systems Analyst
Coaching	Floral Arranging	Organizing	Teaching
Communicating	Fundraising	Orienteering	Teamwork
Competing	Food Preparation	Painting	Thanking
Composing	Gaming	Performing Arts	Theological Reflection
CAD Programming	General Labor	Personnel Mgmt	Time Management
Conflict Management	Goal Setting	Photography	Trades
Connecting	Graphic Design	Pioneering	Training
Consulting	Healthcare	Programming	Translating
Contracting	Heavy Machinery	Problem solving	Traveling
Cooking	Home Repair	Public Relations	Video / Filmmaking
Coordinating	Illustrating	Public Speaking	Visualizing
Counselling	Implementing	Reading	Web Design
Crisis Intervention	Improving	Recruiting	Welcoming
Cultural Adaptation	Influencing	Recall	Word Processing
Dancing	Insurance	Recruiting	Writing
Data Entry	Interior Design	Researching	Youth outreach

3. Other: _____

P – Personality

Knowing your personality type is helpful for understanding what motivates, encourages, and energizes you in ministry. Your personality also shapes how you respond to other people and opportunities.

Several personality profiles are available, but a simple way of describing personality is to plot ourselves across four scales. Please read the short descriptions that follow and then mark where you see yourself on these scales:

i. How do you relate to others?

- Introverted: We enjoy being with other people, though it drains emotional energy from us, and we have to have a certain amount of time alone to recharge again
- Extraverted: We're energized by being with others, and find too much time alone drains us. We can enjoy solitude, but we need to have time with other people to recharge.

ii. How do you structure your life?

- Controlled: We tend to prefer the outcome over the processes. We're interested in structure, in meeting deadlines and goals, in closing a deal and moving on to the next thing. We tend to like checklists and plans.
- Spontaneous: We tend to prefer the process over the outcome. We're more interested in "going with the flow" and "seeing what happens" than in making schedules and meeting deadlines and goals. We tend to lose their checklists and plans, but this doesn't bother us!

iii. How do you process information and situations?

- Intuitive: We could be described as "big picture" thinkers. We often understand complex ideas rather suddenly, as a whole, without knowing exactly how we know, or how all the pieces fit together. We tend to be more interested in what *could* be than in what *is*.
- Sensing: We could be described as "detail" people. We gather information in pieces; we focus on facts, data, and experience. We tend to be more interested in what *is* than in what *could* be.

iv. How do you make decisions?

- Thinking: We focus more on facts, rules, and procedures than on how our choices affect people.
- Feeling: We focus more on how our choices affect others than on facts, rules, and procedures.

Use the table below to show how you answer the four questions above. 'Score' yourself by circling the number (1-7) that best describes where you fall between the two extremes:

Introverted	1	2	3	4	5	6	7	Extraverted
Controlled	1	2	3	4	5	6	7	Spontaneous
Intuitive	1	2	3	4	5	6	7	Sensing
Thinking	1	2	3	4	5	6	7	Feeling

Based on these results, I'd describe my personality type as: _____

E – Experiences

Whether we realize it or not, the things we've experienced in our lives have helped to shape who we are. They're a big factor in how God might want to use us.

1. Three of the most influential *people* in my life (for better or worse) have been:

a. _____
b. _____
c. _____

2. Three of the most influential *events* in my life (for better or worse) have been:

a. _____
b. _____
c. _____

3. Because of the people and events that shaped me, I believe I could relate to and encourage someone who is going through:

4. In the past, I've been involved in my church(es) in these ways:

What's your place in the Community of Grace?

Thank you for your time and participation in this SHAPE inventory! There are many ways to apply your SHAPE in ministry both within and outside the walls of Philpott church.

**Are there specific ways you think you might be able to apply your SHAPE to minister to others?
Would you like to speak with a ministry leader about how to apply your SHAPE in a particular way?**

Ministry Opportunities

Here are a few of the ministries you might like to get involved in at PMC:

Arts Bridge-building: Occasional events in which enthusiasts from within and outside the church gather for presentations and discussion on various aspects of the arts.

Choir: A group of singers which occasionally sings in the Sunday service, as well as at special events.

Christmas Without Borders: A December event involving music, food, and stories of Christmas from around the world.

Finance Committee: A team of people who care for the church's finances.

Growth Groups: Small weekly gatherings in homes to discuss scripture and to enjoy time together.

Guest Services: A team of people whose goal is to welcome newcomers and make them feel at home at PMC.

Kitchen Committee: A team of people who help with food and kitchen needs for special events.

Large Groups: Sunday morning pre-service gatherings in which adults discuss issues of faith.

Missions Committee: A team of people who correspond with missionaries here and abroad and help the church and missionaries to connect and coordinate.

M.O.P.S. A weekly meeting for mothers of preschoolers to talk about parenting, womanhood, and faith.

New-2-Canada: A weekly ladies' cooking group composed of women from PMC and new Canadians.

One-2-One: A weekly meeting in which non-native English speakers are paired with native English speakers for casual conversations on a wide variety of topics.

Prayer Gatherings: Weekly and occasional gatherings to pray.

Refugee Sponsorship: A team of people helping to resettle refugee families.

Special Events: A group which helps to plan and execute special events.

Tech Team: A team of volunteers responsible for operating audio visual equipment at Sunday services and other events.

Urban Missions: Ministering to those on the margins of our own city, particularly newcomers to Canada.

Visitation Ministry: Visiting people from the PMC community who are no longer able to gather with us due to illness or other restrictions.

Worship Ministry: Musicians and singers who help the congregation to worship the Lord in song on Sunday mornings.

Youth Ministry: Weekly gatherings and special events for teens.